

Classes Offered by



Abnormal Operating Conditions (AOC) – Field Certification (8 hours): The gas industry requires that anyone working on existing interstate pipeline must have certain Operator Qualification (OQ) training. In this course, you will learn about the history of liquid and gas pipelines, learn about where the term “Operator Qualification” came from, what makes certain work OQ-worthy and what the training entails, become knowledgeable on the different Abnormal Operating Conditions (AOCs) in the pipeline industry, and take the written tests for NCCER module: 71101-14 (AOC). If the test is successfully passed, earn a certificate from NCCER for completing Pipeline training and become OQ’ed in Abnormal Operating Conditions (AOCs) for liquid and gas pipeline.

CEU Classes for Electrical & Plumbing (8-16 hours)

Construction, Labor, IT, Marketing Seminars & Webinars (1-2 hours): company ownership transition, contracts, estimating, EOS, healthcare law updates, hire to fire, how to get paid, labor law forums, social media, tax updates, training programs.

Construction Safety Topics (2-8 hours): Aerial lift training, arc flash, AWAIR programs, competent person, confined space, fall protection, jobsite audits, new hire safety orientation, OSHA recordkeeping and consultations, safety construction meetings (pre/post), steel erection planning.

Core Construction Training Program (CCTP) (90 hours): The Core Construction Training Program (CCTP), a 90+ hour program, is the perfect blend of online learning, self-study and in-person testing. You or your employees will have the opportunity to earn multiple certificates, which include: CPR/AED/First-Aid, NCCER Core Curriculum and Your Role in the Green Environment and an OSHA 10 completion card.

CPR/First-Aid/AED Certification (4-6 hours): During this class, you will become educated on how to respond effectively and efficiently during an emergency and the necessary steps that need to be taken. Also, you will learn essential life-saving skills for the workplace and at home. After successful completion of the course, you will receive a Red Cross CPR and First-Aid certification card, which is valid for two years.

Critical Skills Training (2-12 hours): This training, developed by the industry for the industry, can be utilized by just about anyone in your company, from field to office staff and from the new hire to the CEO. It is designed to be “same page training”. In this training, you will learn about Communicating in the Construction Workforce (verbal, nonverbal, written) Teamwork (leading, managing, motivating), Building High Customer Satisfaction, The Continuous Improvement Process, Ethics, Integrity and Professionalism, Productivity Challenges (and how to overcome them), and Organizing and Time Management.

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Defensive Driving (4 hours): Did you know that motor vehicle collisions are the number one cause of employee death and account for nearly one of every four on-the-job injuries? Distracted driving continues to be the number one cause of car accidents in America, with cell phone use being the primary contributor. In this class we will discuss best practices for creating a safe driver program in your workplace that will lead to a reduction in incidents, injuries and related costs.

EPA Lead Renovator Initial Certification (8 hours): The EPA Lead Renovator Certification Course is designed for compliance with the EPA Renovation, Repair, and Painting (RRP) Rule. Since going into effect on April 22, 2010, anybody who performs renovation, repair, or painting work in pre-1978 housing or child-occupied facilities must have this certification. Individuals and firms that do not have the EPA Lead Renovator Certification could face fines of up to \$37,500 per day, per infraction. The certification is valid for five years.

EPA Lead Renovator Refresher Certification (4 hours): The EPA Lead Renovator Certification Course is designed for compliance with the EPA Renovation, Repair, and Painting (RRP) Rule. Since going into effect on April 22, 2010, anybody who performs renovation, repair, or painting work in pre-1978 housing or child-occupied facilities must have this certification. Individuals and firms that do not have the EPA Lead Renovator Certification could face fines of up to \$37,500 per day, per infraction. The re-certification is valid for five years.

Foreman Training (16 hours): ABC's Foreman training goes into a variety of topics and can be customized to a variety of construction trades. Some of the topics include: industry specifics, gender and cultural differences, business organizations and how they operate, becoming a leader, communication and motivation best practices, problem solving and decision making, employer and employee responsibilities, promoting safety, project delivery systems, estimating and budgeting, planning processes and resource utilization, scheduling, cost and resource control, and production and productivity.

Green Construction 101 (16 hours): NCCER has Green Construction training that can help you learn more about the construction impact on the environment and how to conserve/save money. Learn about how green construction has evolved over the years and what impacts construction has on the environment, identify decisions and actions in your personal/work life that impact the environment, see how alternative methods of building can save money in the long run, learn about the life cycle phases of a building, discuss the Leadership in Energy and Environmental Design (LEED) rating process, learn how LEED impacts a building and ways to increase LEED points. If the written test is successfully passed, you will earn an NCCER certificate for "Your Role in the Green Environment" and 15 hours of general continuing education to support LEED professionals.

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High Pressure Piping Training – Refrigeration (8 hours): Individuals who are interested in taking the MN High Pressure Piping test may find it useful to take this class. In this training, you will learn about discussions about ammonia as a refrigerant, review of a basic, simple refrigeration system and the function of the various components, the three methods of feeding refrigerant to an evaporator (direct expansion, flooded with surge drum, recirculated), types of compressors, condensers and evaporators, various piping diagrams.

Introduction to Construction Drawings (4 hours): Being able to read construction drawings, or blueprints, is an essential skill in the construction industry. This class will help individuals learn the basics of construction drawings, including symbols, markers and what all of those different drawings depict! After the class, you will be able to: Identify and describe various types of construction drawings, including their fundamental components and features, identify various types of construction drawings, identify and describe the purpose of the five basic construction drawing components, identify and explain the significance of various drawing elements, such as lines of construction, symbols, and grid lines, identify and explain the use of dimensions and various drawing scales, and identify and describe how to use engineer's and architect's scales.

Medical Gas Installation Certification (32 hours): The Medical Gas Installers class is a 32-hour course in accordance with NFPA 99 2005 and ASSE 6010 standards. The course is taught over four days and includes a practical and written exam on the fourth day. The class is taught by a certified ASSE 6050 instructor. NITC provides testing, grading and brazing analysis. A Certification is valid nation-wide for three years from the date issued. Brazing continuity must be documented semi-annually.

NCCCO Crane Certification/Re-Certification (16-40 hours): It is recommended that a new or inexperienced crane operator attend this 4-day "Introduction to Crane Operation" prep class that is designed to teach the operator crane fundamentals, crane operation, crane terminology and how to calculate load charts. The information provided in this class is intended to introduce them to cranes and assist in preparing them to take the NCCCO written exams. This class will include a student study guide. An accredited NCCCO practical examiner will provide the practical examinations. Prior to the examinations, the examiner will also provide practice training, working with each operator on skill and technique regarding the practical exams. The practical examination will cover a swing cab crane. You will be able to take the class for fixed cab and ABC will work with you to find a practical examination site.

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NCCER Instructor Certification Training Program (ICTP) (8-24 hours): In this course, you will learn the history of NCCER and how the curriculum was developed, become certified to train in the craft(s) that you have significant level of experience (i.e. journey-level of experience or greater), ensure that you are using the proper evaluation techniques for your training program and improve upon the ones currently in place, learn the skills needed to successfully manage a training program before, during and after the class, determine what makes a good communicator, a good leader and how to incorporate those qualities into your classroom.

OSHA 10/30-Hour for Construction (10/30 hours): The course focuses on OSHA's role in workplace safety and specifically on the Focus Four Hazards (Electrical, Fall Protection, Caught Between, and Struck By). Other areas that are discussed include scaffolding, stairway and ladders, hand and power tools, PPE, materials handling and hazard observation. Individuals will receive a completion card.

Pipelayer Certification (4 hours): MN state law requires that at least one laborer in an "active" worksite must have a pipelayers card. In this class, you will learn about the certification origin/the decree, review MN state plumbing code pertaining to site/Off - R.O.W./Yard piping projects, pipe laying procedures, code terminology, materials needed, inspection/testing procedures. The certification is valid for three years.

Prevailing Wage 101 (1 hour): Many of merit shop contractors are confused by the prevailing wage system. ABC's Director of Public Affairs has researched, answered, and advocated on this issue for years. He brings his knowledge of what is legal, what will raise red flags with investigators, and how you can turn the system to your advantage. This presentation will provide an overview of all aspects of the prevailing wage law, and how to comply.

Rigging & Signal Person Certification (8 hours): In this class, you will identify methods and procedures for recognizing, evaluating and controlling hazards associated with rigging and lifting, identify ways to properly protect personnel from being caught or struck by rigging or the load, discuss industry regulations and action levels to ensure the health and safety, discuss industry standards and best practices for managing loads, identify appropriate personal protective equipment (PPE), identify critical indications of damage and fatigue commonly found in slings and rigging hardware, and demonstrate knowledge of the ANSI standard hand and voice signals for crane operators.

Road Map to World Class Safety (2 hours): Safety best practices are not a secret and ABC would like to share some best practices used from around the country. These six topics have been found to have a measurable and lasting effect on company's safety culture and can help your company join those ranks. The class topics will include: New Hire Safety Orientation, Site Specific Orientation, Toolbox Talks, Near Miss/Hit Tracking, Safety Committees, and Substance Abuse Programs.